

Pediatric Clinic (Peds) Team Message Center: 402-232-2273, ext. 331

Our clinic is proud to be a Patient-Centered Medical Home for Pediatric Health Care, which participates in a partnership between you, your child, and your child's Primary Care Manager from ages birth - 17.

Our two clinical teams are: Little Rascals and Rugrats.

Patients with the following conditions may walk-in for a Nurse/Tech visit Mon-Fri 0800-1530:

- Patients 3 and older with sore throat
- Suture/staple removal
- Wart clinic
- Weight/Bilirubin/Blood Pressure Checks (when Doctor directed)

Patients 2mos and older enrolled to Pediatrics with Acute Conditions (new symptoms within 24-72 hrs) may utilize the provider based Acute Walk-In hours. Please call ahead (402)232-2273 for current hours, as it may change throughout the year in conjunction with school/vacation schedules.

Please try to book necessary wellness checkups ahead of time, for infants, Kindergarten/7th grade/new to state mandatory screenings, & annual Sports physicals. Schedules are typically open up to 120 days in advance.

Well Child visits are required at the following ages:

- Newborn
- 2 week
- 2 month
- 4 month
- 6 month
- 9 month
- 12 month (1 year)
- 15 months
- 18 months
- 24 months (2 year)



Our Disease Management team focuses on improving the health of those with chronic conditions including attention-deficit hyperactivity disorder (ADHD), asthma and more.

We work hand in hand with the Exceptional Family Member Program. This is designed to assist active duty personnel during assignments/reassignments sponsoring Exceptional Family Members (EFM) with special physical, emotional, developmental, or intellectual needs. Please call the EFMP office at (402) 232-2273, ext. 433 for questions about EFMP.

Nurse Advice: We have many resources available to assist you in receiving appropriate healthcare for your child. Keep in mind that most common illnesses can be cared for at home, without the need for a clinic appointment. During duty hours (0730-1630), the PCM team nurses are available to assist you with home care instructions, or determining the level of care you may need.

For after-hours urgent issues that cannot wait until normal duty hours resume, you can contact Tricare's Nurse Advice Line at 1-800-TRICARE (874-2273). They are able to triage symptoms, determine if the child needs to be seen immediately, have access to book into the clinic within 24 hours and/or offer an Urgent Care referral for after-hours or when traveling out of the area. <u>ALL Civilian Urgent Care Centers require pre-approval</u>, or you may be responsible for repayment if not approved.

Emergency Care: For all emergencies please seek care at a local Emergency Room. No permission/approval is required to obtain emergency care—for example, threat to life, limb or eyesight.

Please let us know how we are doing in our clinic. Our motto is, "We Care about the Little Things".